

# H.E.A.R.™

Helping Everyone Achieve Respect

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## BUILD RESPECT AND END BULLYING & CRUELTY IN YOUR SCHOOL

We recognize the need to reduce and/or eliminate bullying and cruel behaviors is a critical challenge for schools across the country. Our 50-minute classroom presentation was developed in collaboration with nationally renowned subject matter experts at the Harvard Graduate School of Education and the University of Nebraska-Lincoln.

### PRESENTATION CONTENTS

- The many forms of bullying behavior are defined.
- Detailed case studies (male & female) allow students to explore inappropriate behavior and its consequences.
- Students consider what can be done differently to minimize bullying and enhance respectful behavior.
- Students are introduced to the National Guard Core Values, including Loyalty, Respect, Integrity, and Honor.
- 10 questions for students to explore with educators to help make school a more caring and safe place.

### OPTIONAL FOLLOW-UP SURVEY

Optional student population survey through the Making Caring Common Project at the Harvard Graduate School of Education will provide data that will allow school leaders to better understand whether students feel safe, respected, and included in school. It can also guide leaders in developing supports and interventions that promote caring, responsibility for others, and empathy.

